

## ~ Conference Menu Options ~

### option 1 ~ \$48 per person (minimum of 20 guests)

Freshly brewed Coffee and Tea upon arrival

**Morning Tea** – Selection of Pastries, Mini Muffins, Scones or Ham and Cheese Croissants served with Coffee and Tea

**Lunch** – Hot Buffet served with Steamed Rice, Fresh Garden Salad, Crusty Bread Rolls,  
Roasted Vegetable Frittata, Gourmet Cheeses and Chunky Fruit

Freshly brewed Coffee, Tea and Orange Juice

*(Please pick two hot dishes from the list on page 3)*

**Afternoon Tea** – Selection of Homemade Cookies, Muesli Bars and Whole Fruit served with Coffee and Tea

### option 2 ~ \$40 per person

Freshly brewed Coffee and Tea upon arrival

**Morning Tea** – Selection of Pastries, Mini Muffins, Scones or Ham and Cheese Croissants served with Coffee and Tea

**Lunch** – Selection of Deluxe Sandwiches served with Roasted Vegetable Quiche, Spicy Potato Wedges,  
Sweet Chilli Sauce, Gourmet Cheeses and Chunky Fruit pieces.

Freshly brewed Coffee, Tea and Orange Juice

**Afternoon Tea** – Selection of Homemade Cookies, Muesli Bars and Whole Fruit served with Coffee and Tea

### option 3 ~ \$38 per person (minimum of 20 guests)

Freshly brewed Coffee and Tea upon arrival

#### **MORNING TEA OR AFTERNOON TEA**

**Morning Tea** – Selection of Pastries, Mini Muffins, Scones or Ham and Cheese Croissants served with Coffee and Tea

**Afternoon Tea** – Selection of Homemade Cookies, Muesli Bars and Whole Fruit served with Coffee and Tea

**Lunch** – Hot Buffet served with Steamed Rice, Fresh Garden Salad, Crusty Bread Rolls, Roasted Vegetable Frittata,  
Gourmet Cheeses and Chunky Fruit

Freshly brewed Coffee, Tea and Orange Juice

*(Please pick two hot dishes from the list on page 3)*

#### **CONFERENCE ROOMS: NOTTINGHAM ROOM & YORKSHIRE ROOM (LEVEL ONE)**

FORREST HOTEL & APARTMENTS, 30 National Circuit, Forrest ACT 2603

## ~ Conference Menu Options ~

### option 4 ~ \$35 per person

Freshly brewed Coffee and Tea upon arrival

#### **MORNING TEA OR AFTERNOON TEA**

**Morning Tea** – Selection of Pastries, Mini Muffins, Scones or Ham and Cheese Croissants served with Coffee and Tea

**Afternoon Tea** – Selection of Homemade Cookies, Muesli Bars and Whole Fruit served with Coffee and Tea

**Lunch** – Selection of Deluxe Sandwiches served with Roasted Vegetable Quiche, Spicy Potato Wedges, Sweet Chilli Sauce, Gourmet Cheeses and Chunky Fruit Pieces.  
Freshly brewed Coffee, Tea and Orange Juice

### option 5 ~ \$20 per person

Freshly brewed Coffee and Tea upon arrival

**Morning Tea** – Selection of Pastries, Mini Muffins, Scones or Ham and Cheese Croissants served with Coffee and Tea

**Afternoon Tea** – Selection of Homemade Cookies, Muesli Bars and Whole Fruit served with Coffee and Tea

### option 6 ~ \$9 per person

Freshly brewed Coffee and Tea with Homemade Cookies, Muesli Bars and Whole Fruit

#### Also available on request for an additional cost:

- Mars Bars, Freddo Frogs and Kit Kats.
- Bottled Water
- Gatorades
- Cappuccino, Hot Chocolates etc

Our smart private conference and function facilities are ideally suited to small business and trade seminars, conference and private functions for up to 80 people. Residential, day, morning and afternoon conference packages are available.

Our Conference/Accommodation packages available can be customised to incorporate breakfast and dinner.

Special dietary requirements catered for.

#### **CONFERENCE ROOMS: NOTTINGHAM ROOM & YORKSHIRE ROOM (LEVEL ONE)**

FORREST HOTEL & APARTMENTS, 30 National Circuit, Forrest ACT 2603

## ~ Conference Menu Options ~

### hot buffet choices

#### Indian Influence

Kofta Lamb Curry with Pappadums

Mild Beef Vindaloo

Tandoori Chicken with Cucumber Raita

#### Mediterranean Influence

Beef Bourguignon

Moroccan Spiced Lamb with Cous Cous

Chicken with a Rich Garlic, Tomato and Olive Sauce

#### Asian Influence

Hoiken Noodles with Bok Choy, Chicken and Oyster Sauce

Mild Szechuan Pork with Toasted Almonds

Green Curry Beef with a Mango Chutney

#### Vegetarian

Mild Vegetable and Tofu Curry

Spinach and Ricotta Ravioli with a Tomato Sauce

**CONFERENCE ROOMS: NOTTINGHAM ROOM & YORKSHIRE ROOM (LEVEL ONE)**

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